

# Information about your medication

Dear patient

The Zuger Kantonsspital works actively to ensure your safety, including when it comes to medication. In order to provide you with optimum, safe medical treatment, we want to take full account of the medicines you typically use at home. We will ask you specific questions about all the medicines and remedies you currently use or have used recently.

We therefore need your help, as only you can tell us which medicines and remedies you use, whether they are prescribed by a doctor or bought yourself.

## What can you do to help?

- > If you have a list of your medication (e.g. medication chart from your family doctor, your own medication chart), bring this and the medication packaging with you to hospital if possible or have these brought in by your relatives.
- > It is important that we know how you take each medicine.
- > Remember to include not only tablets that you are currently prescribed, but also:
  - Medicines you use only when required
  - Medicines you bought without a prescription at a pharmacy or chemist
  - Eye drops, ear drops, nasal drops or nasal sprays
  - Medicines you inhale or inject
  - Medicinal plasters, creams, gels or ointments
  - Suppositories
  - Vitamin preparations, minerals or supplements
  - Herbal products, homeopathic remedies
  - Hormone preparations
- > Please let us know if you suffer from any **allergies or intolerances** or if you have an **allergy ID**.
- > During your hospital stay you will be given the prescription medications by a nurse. We kindly ask you not to take any medications you brought with you on your own.

If you are not sure of the exact details of your medicines, we will be happy to contact your doctor or your regular pharmacist with your permission. If you remember something about your medication after the meeting, you can consult an attending specialist at any time.

Thank you for your assistance.